

# Rainbow Unicorn Smoothie

Prep Time: 5 minutes   Cook Time: 5 minutes   Yield: 4 servings

## Preparation:

1. In a blender **COMBINE** ingredients and blend until smooth.
2. **ADD** additional milk to thin if needed.
3. **DIVIDE** smoothie into 4 glasses and top with optional toppings.
4. **ENJOY!**



## Ingredients:

- 1 1/2 cups milk
- 1/2 cup vanilla yogurt
- 2 cups frozen strawberries (about 10 large strawberries)
- 1 cup frozen blueberries
- 1 cup frozen mango chunks

## Optional Toppings:

- 6 tbsp whipped cream
- 4 tsp unicorn sprinkles
- Decorative unicorn horn candles, wick trimmed



AMERICAN DAIRY  
ASSOCIATION  
NORTH EAST